

Your first three entries

Ten minutes. Pen is fine. Fidelity beats polish.

The reconstruction tax is paid in one of two denominations — weeks under deadline, or minutes as you go. This sheet is the second option. Capture one of each entry type below while the context is still alive, then file them wherever your career records live.

I · Scope delta

What you were responsible for then vs. now — with dates. Budget, headcount, systems, blast radius.
(Then: “Owned \$4M portfolio, 2022”; Now: “Owns \$11M and two teams. 2026.”)

THEN / YYYY-MM

NOW / YYYY-MM

2 · Decision inflection point

A call you made that changed how something ran—and the constraint that forced it. The reasoning is the entry; the outcome is just the receipt.

(“Mar 2024: split the release into two phases—lost two testers mid-cycle; a delay would’ve missed the client’s fiscal year.”)

THE CALL (DATED)

THE CONSTRAINT THAT FORCED IT

THE ALTERNATIVE YOU REJECTED—AND WHY

3 · Skill acquisition, dated

Not a skills list—a skills ledger. A dated skill answers the currency question; an undated one is just a keyword.
(“Power BI, Jan 2025; first shipped: the Q1 ops dashboard that replaced the monthly spreadsheet pack.”)

THE SKILL • WHEN YOU PICKED IT UP

WHAT YOU FIRST SHIPPED WITH IT
